

# ASH Initial Evaluation Form

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_/\_\_\_\_

Current Pain Complaints (ie low back, knee, etc):

1. \_\_\_\_\_: no pain - 0 1 2 3 4 5 6 7 8 9 10 - unbearable pain

How often symptom present: Never: 0% Occasionally: 25% Sometimes: 50% Often: 75% Constantly: 100%

2. \_\_\_\_\_: no pain - 0 1 2 3 4 5 6 7 8 9 10 - unbearable pain

How often symptom present: Never: 0% Occasionally: 25% Sometimes: 50% Often: 75% Constantly: 100%

3. \_\_\_\_\_: no pain - 0 1 2 3 4 5 6 7 8 9 10 - unbearable pain

How often symptom present: Never: 0% Occasionally: 25% Sometimes: 50% Often: 75% Constantly: 100%

When did symptoms start? \_\_\_\_\_

\_\_\_\_\_

What daily activities do your pain complaints interfere with most? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List any pain medications: \_\_\_\_\_

\_\_\_\_\_

----- do not write below this line -----

Tongue: \_\_\_\_\_

Pulse Left: \_\_\_\_\_ Right: \_\_\_\_\_